## **BEFORE TREATMENT**

- Consultations must take place with each client before any plasma treatment.
- Discuss their reasons for wanting the treatment, make sure the treatment can deliver the results they are seeking to achieve, and set realistic expectations. (The results provided by plasma treatments, while impressive, may take more than 1 treatment in areas of excessive laxity or deeper wrinkles).
- You must be fully aware of any/all contraindications and medical history must be reviewed to ensure that there are no reasons why the client should not undergo the treatment.
- They must sign a consent form to acknowledge they understand the benefits and risks.
- You must take and attach photos for insurance purposes.

## What should a Consultation Include?

- Full details of skin type and history
- Lifestyle
- Does the client have realistic expectations?

## Allow them to ask questions

- Explain the treatment
- Explain the aftercare and likely downtime
- Explain the frequency of treatments. (If needed, a second treatment should be done 12 weeks **after** the initial treatment to allow for the maturation of the collagen fibers.)
- Detail the treatment cost and be specific on precisely what it covers.
- Ensure the client is not adversely contraindicated.



## **PRIOR TO TREATMENT**

- PREP: We recommend you avoid sun-tanning, spray-tanning and sunbeds 4 weeks before your treatment. Ideally, you should use SPF40+ to prep your skin for 4 weeks before your treatment, especially if you have a naturally darker complexion. You may even wish to consider a Pre-treatment product using a Tyrosinase Inhibitor as this can help prevent the enzyme "Tyrosinase" from misfiring or over-oxidizing the Tyrosine and thus helps ensure there is no overproduction of pigment in the skin. We recommend *Love Beauty HQ Lighten Cream*.
- Avoid any other type of procedures in the same area which you intend to have treated with Plasma device, such as laser therapy, chemical peels, Botox/fillers, as this may prevent your treatment being performed by your technician at the time you want it.
- Discontinue any use of topical Retin-A products a minimum of 7 days prior to treatment. Use common sense. If the area you're treating looks irritated prior to treatment, DO NOT TREAT that day until the redness/irritation resolves.
- Remove contact lenses and eyelash extensions prior to treatment. Patient should bring glasses to wear home from appointment if they are having eye area treated.

