Anastasiya Halytcka – What I learned after one year using PRX-T₃₃



eing a nurse in the Aesthetic industry is not always easy. It's difficult getting in and even harder to get recognized. But I do believe our Aesthetic World is changing. We see more nurses speak on worldwide stages; they occupy roles as KOLs and trainers for well-known and respected brands. But you do not often see nurses being associated with skincare companies or skin rejuvenation treatments unless they are injectable ones.

As previously stated, the Aesthetic World is changing. The scientific research base is growing. And our role as Aesthetic Nurses expands. I see the trend to focus more on "aging beautifully" rather than "anti-aging," which was not as accessible until recently.

Coming from a pharmaceutical clinical trial and research background and being a biology and chemistry nerd, I am always looking out for something that can help my patients age beautifully. Being able to witness the incredible things that injectable trial drugs were able to do for our acne patients and then transferring that knowledge into the aesthetic practice for me was so important. But when it came to reality, most of my patients wanted immediate results. So, when you offer a resurfacing treatment or a peel, the first question always is, "how long is the recovery period?" And it's a legitimate question that today's patient should ask! Who has time to walk around with a red, flaky face and explain to family, friends, and wondering colleagues what they have done. Or even worse, stay at home due to possible hyperpigmentation from the beautiful sunny weather outside their window. So, they always opted for something that would give them an immediate result, relaxed their muscular activity, lifted their cheekbones, but still left with skin that was begging for some love and rejuvenation.

But it wasn't long until my patients' skin and the state of my skin has taken a whole different direction. My patients' skin condition was a personal challenge because suffering from cystic

acne as a teenager and then as an adult left me with scars, texture, and uneven tone.

At the end of 2019, I had the pleasure to be introduced to WiQo and PRX-T33. I was able to attend private training in Europe and experience the therapy on myself. It did not take long for me to start asking a million questions. Firstly, because I thought I knew everything possible about TCA. And secondly, well, because PRX-T33 did not behave on my skin as it typi-

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cally would, there was no frosting! There was no downtime with the treatment to top it all off, and I saw an immediate result. I had to think to myself, could this be true? A TCA at 33 percent, treating all Fitzpatrick types, without age limitations and photosensitivity? I was hooked and was honored to accept a pioneering role of a National trainer in the US for this novel patented product.

To not leave you hanging, the answer is "yes"

to all the above questions. And the reason is that it is not a peel as many have mistakenly called it. It is way more! If we go back to the basic definition of what a peel stands for, it is a very ancient concept and consists of applying a substance on the skin that damages the epidermal layers to reach the dermis. This more or less aggressive exfoliating action follows tissue repair with stimulation of dermal fibroblasts' activity. And TCA is one of the well-known agents used since the 1980s to treat wrinkles and actinic damage. But Dr. Rossana Castellana, the inventor of PRX-T33 therapy, combined a potent peeling agent and another oldie but goodie, hydrogen peroxide, a compound that has proven its importance not only for its antibacterial properties. Hydrogen peroxide, the simplest of peroxides, is a molecule with high potential energy capable of performing different biological actions depending on its cellular concentration. It turns the aggressive, bad boy TCA into a well-behaved gentleman. Dr. Castellana patented this innovative combination into what we now know as PRX-T33, not as an alternative to the classic TCA peels but for its bio-stimulation effect without being aggressive on the epidermis.

A year later, without a doubt, PRX-T33 therapy has taken over my professional portfolio. And I am not saying that as a trainer, this is coming from the Aesthetic Nurse. PRX-T33 replaced machines in my practice; it made treatment for acne scaring possible with a small vial of the product and a spatula. The client only spends about 20 minutes on the treatment chair and can be out and about without worrying what people will think. When they see their skin, they do not gasp and wonder how to go to work tomorrow; they are amazed at the tightness, evenness, and glow the therapy provides immediately. I can treat almost any client at any age, during any season, without downtime. The ease of use of the product, after proper training, makes me want to do more esthetic treatments than any injectables. I'm still in my honeymoon phase with it, and I believe once you try it, you will be too.



